

# FACTORS AFFECTING THE OUTCOMES OF SEPSIS

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# **TOPICS TO BE DISCUSSED**

- 1. Perspective on human sepsis.**
- 2. Clinical evidence that exposure to radiation (and chemotherapy) increases the incidence of sepsis in humans.**
- 3. Experimental models of sepsis and mediators involved.**

# **HUMAN SEPSIS - A PERSPECTIVE**

- 1. Affects ~600,000 individuals in North America per year.**
- 2. Mortality rate varies from 30-60%.**
- 3. Estimated costs for patient care -\$18 billion/yr.**
- 4. Except for activated protein C, therapy is supportive in nature (ventilator support, vasopressors, etc.)**

# SOURCES OF HUMAN SEPSIS\*

## A. Infectious Agents:

Gram+ bacteria: 52% (increasing incidence of MRSA)

Gram- bacteria: 37%

Polymicrobial: 5%

Fungal: 5%

Anaerobic bacteria: 1%

## B. Sites:

Lung: 42%

Genitourinary: 13%

Intraabdominal: 12%

## C. Issue of MRSA

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\* Carrigan, et.al., *Clinical Chemistry*, 2004, 50:1301-1314.

# MECHANISMS FOR IONIZING RADIATION INCREASING INCIDENCE OF LETHAL SEPSIS

1. **Bone marrow and lymphoid suppression.**
2. **Thoracic radiation** induces ARDS and a 5-fold increase in post-operative sepsis.  
*Reynolds, et.al., J. Thor. Surg. 2006, 132:549-555.*
3. **Abdominal radiation** reduces GI content of aerobic and anaerobic bacteria, resulting in greatly increased numbers of *Enterobacteriaceae*, a cause of lethal sepsis.  
*Brooks, et.al., Disaster Med. 1993, 8:85-88.*  
*and Mil. Med. 2004, 169:194-197.*

# EXPERIMENTAL MODELS OF SEPSIS

1. Intravenous infusion of live *E. coli*.
2. Endotoxemia
3. Cecal ligation and puncture (CLP)
4. Ascending colonic stent
5. Intraperitoneal placement of fecal pellets
6. Bacterial pneumonia

# **MEDIATORS OF EXPERIMENTAL SEPSIS**

- 1. Cytokines / Chemokines**
- 2. MIF**
- 3. HMGB-1**
- 4. C5a and C5a receptors (C5aR and C5L2)**
- 5. Others**

# POTENTIATION OF SEPSIS LETHALITY BY A “SECOND HIT”\*

CLP followed by bacterial pneumonia  
(*Psuedomonas a.*; *Streptococcus p.*) results in:

- a. Greatly increased apoptosis of lymphocytes
- b. Reduced serum levels of pro-inflammatory cytokines and chemokines
- c. Greatly increased rate of lethality

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\* Muenzer, et.al., *SHOCK*, 2006, 36:565-570.



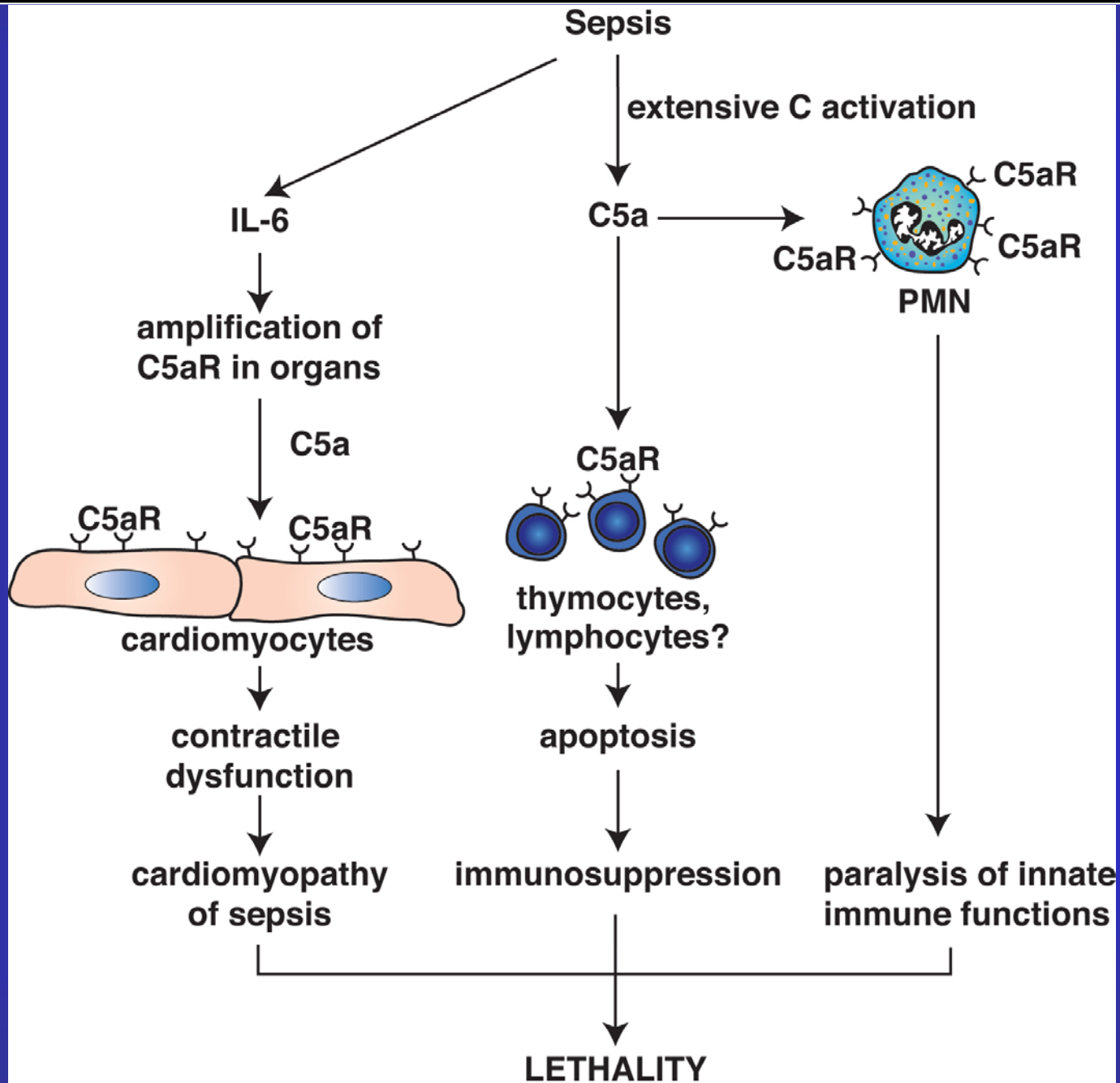
# **EVIDENCE FOR HARMFUL EFFECTS OF PMNs IN CLP-INDUCED SEPSIS**

**PMN depletion 12hr after onset of sepsis (CLP)**

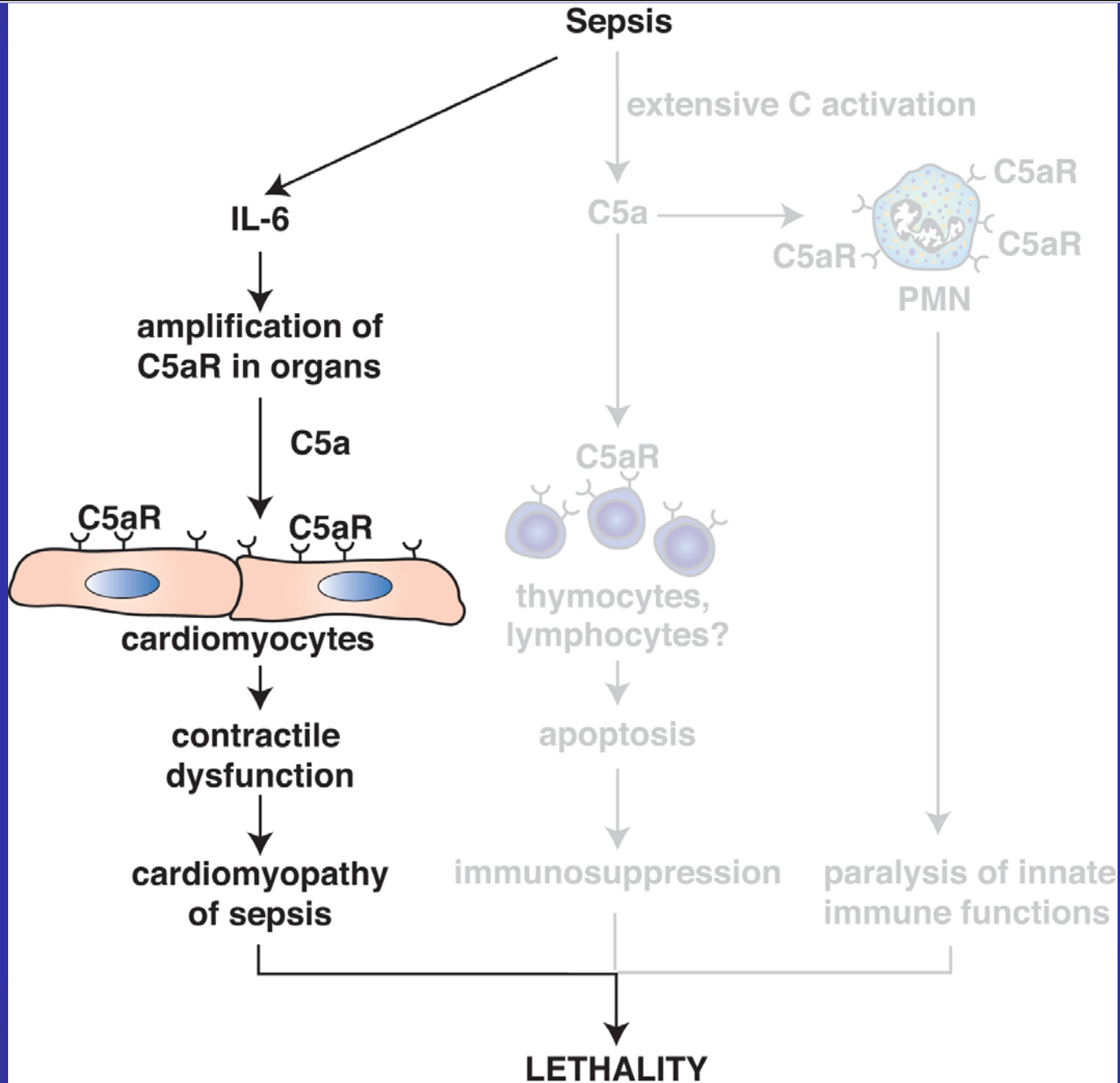
- a. Improves survival**
- b. Reduces blood CFUs**
- c. Reduces evidence of liver and renal dysfunction**
- d. Reduces levels of serum cytokines after CLP/.**

**Accordingly, such evidence indicates that PMNs contribute to organ dysfunction, lethality and the cytokine storm” after CLP.**

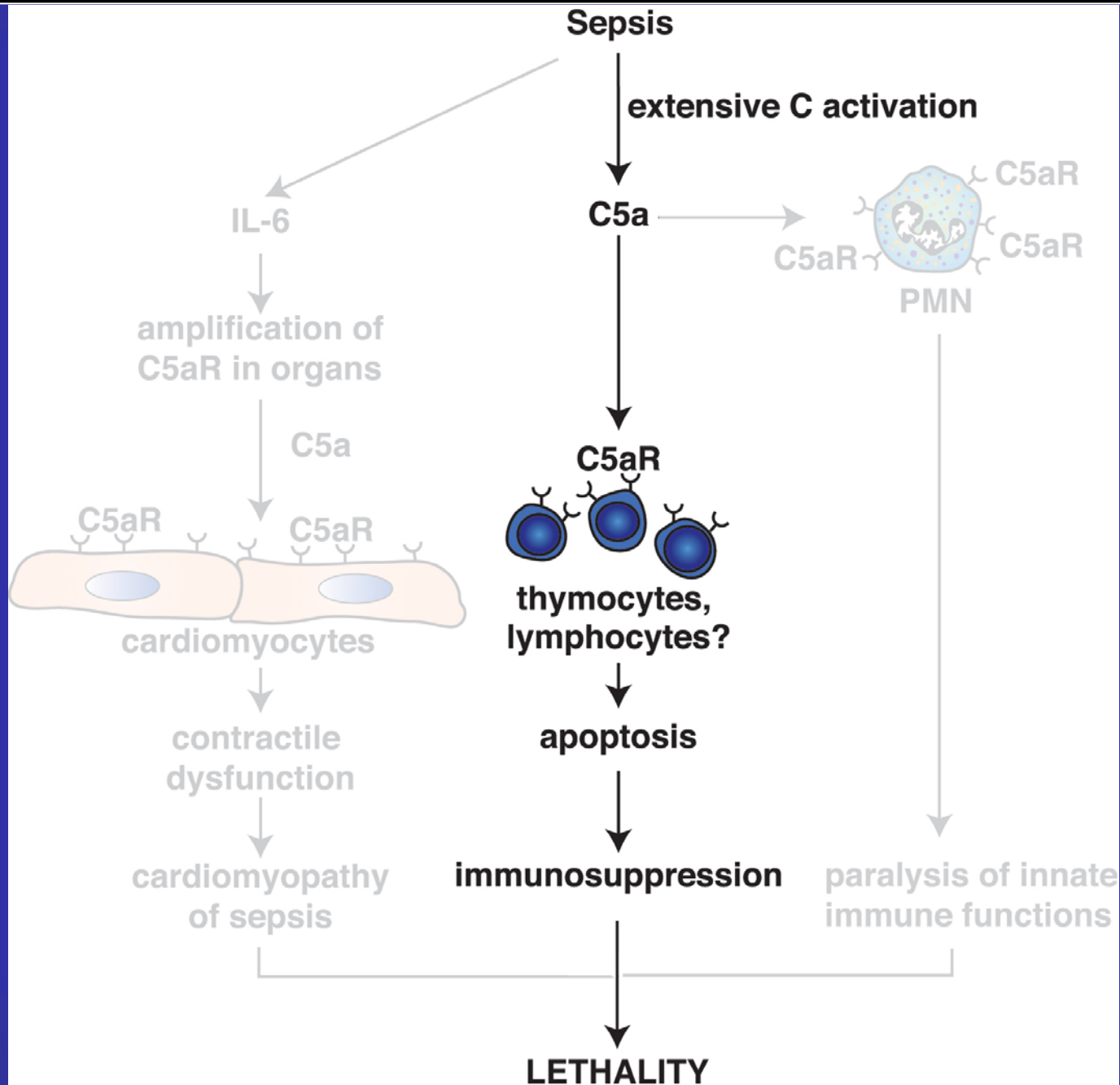
# HARMFUL EFFECTS OF COMPLEMENT IN SEPSIS



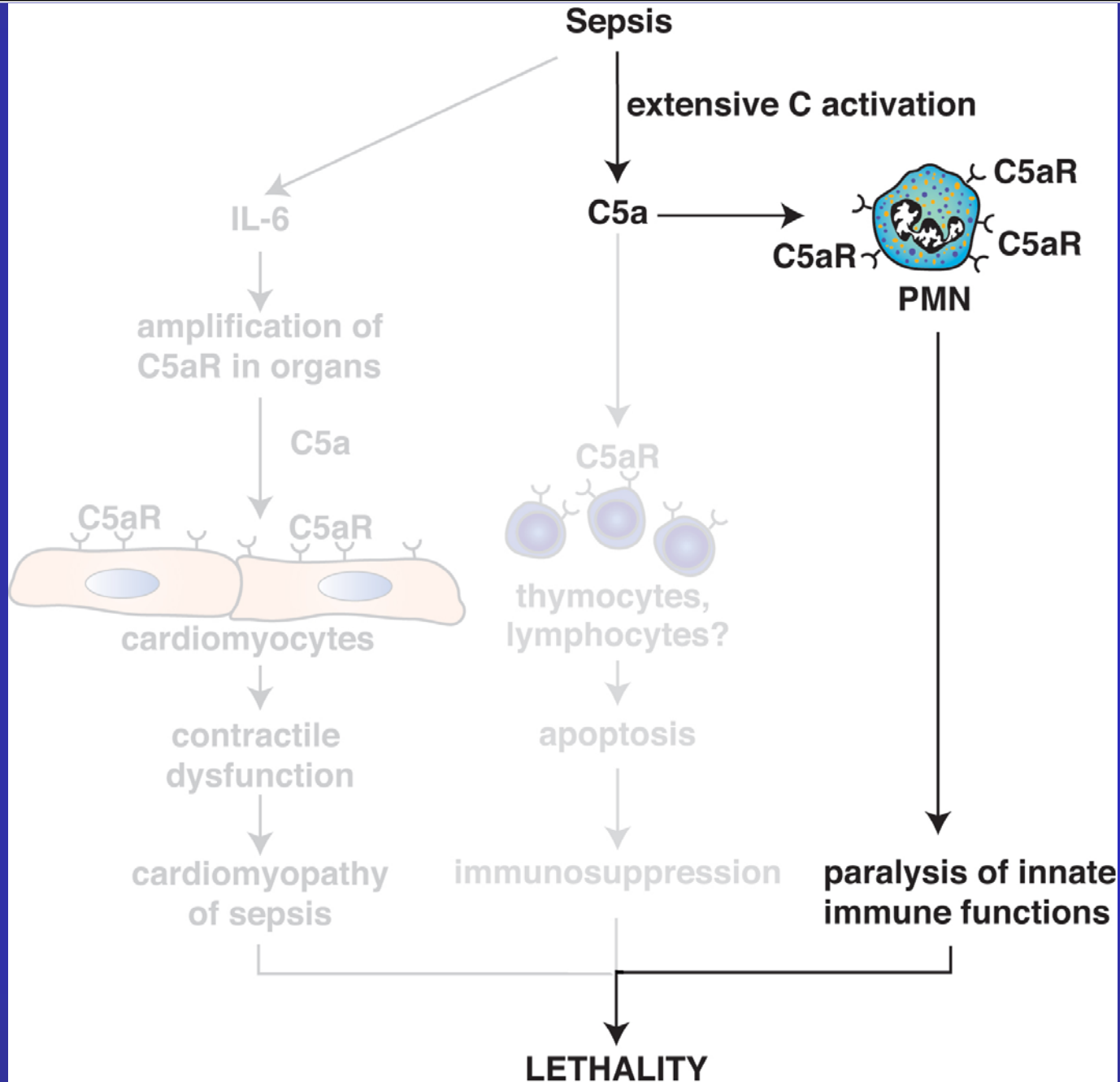
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